

Foot Fracture

There are 26 bones in the foot. These bones support our weight and allow us to walk and run. Certain activities or injuries can cause a fracture, or break, in one or more of these bones. Pain, swelling, redness and even bruising are signs of a possible fracture. Fractures of the foot can be diagnosed by x-rays or other studies. A foot and ankle surgeon can determine the best treatment course. Rest, icing and immobilization are often the treatments; however, surgery is sometimes necessary to repair the fracture.

Additional information:

- LisFranc Injury
- Fracture of the Fifth Metatarsal
- Fracture of the Calcaneus

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